



## U15 2022/23 Program Overview

### Victoria Racquet Club Minor Hockey Association

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Hockey at VRCMHA carries a rich history and provides players with the opportunity to train five to six times a week and compete in the Tier 1 division in league games, tournaments and exhibition games. Skating, skills, hockey IQ and character are the foundation of our program. Close to home, supports participation in other activities, has the feel of local minor hockey, is outside school hours but is definitely the place to be if your child really loves the game and wants more hockey. The volume of on-ice training at VRC by professionals will prepare kids to move forward in the sport if that becomes, or is, of interest to them.

#### Typical Season Overview:

- 7 months – September to March
- 50 Games including league, tournaments and exhibition play
- 186 minimum hours of on-ice time
- 4 practices + 2 games/week on average

#### The program will feature:

##### On-Ice:

- Checking clinic
- Professional head coach
- Professional skills coach
- Professional skating coach
- Professional goaltending coach

##### Off-Ice:

- Goal setting
- Player reports
- Video sessions

#### Gear Package:

- Third jersey
- Pant shells
- Game/Practice socks and jersey

**Tournaments (team discretion):**

- One local (Vancouver Island)
- One regional (Lower Mainland)
- One provincial travel (Kelowna)
- One hosted (Rick LaPointe)

**Costs per Player:**

- **U15 Registration Fee** - \$2,425
- **U15 Team Fees** - \$1,650

**Additional Notes:**

- Most training and home games will be held at the University of Victoria – Ian Stewart Complex. Occasional ice sessions may be held at the Panorama Recreation Centre contingent on ice schedules/availability.
- Program planning is dependent on COVID-19 recommendations issued by the local and provincial health authority as well as ViaSport, BC Hockey and VIAHA.
- Costs will be lower if the Rick Lapointe Tournament is hosted by VRC and offset by sponsorship/fundraising.
- Head coach is announced in Spring.

**FAQ (Frequently Asked Questions):**

Who is eligible to tryout for the Tier 1 team being hosted at VRC?

- The Tier 1 team tryouts are open to players from VRC and Peninsula hockey associations.

When will the U15 T1 tryout happen?

- Dates for U15 T1 assessments are August 15-19, 500pm-615pm. Some players may also be asked to participate in an exhibition game(s) August 20/21.

What happens if my player does not make the T1 team? Does this affect my player's ability to tryout for rep hockey at our home MHA?

- Should your player not be successful in making the T1 Host MHA Team they will be returned to their original Home MHA and can try out for a rep team.

Do first year U15 players have to participate in a mandatory checking clinic?

- Yes, all first year U15 players must attend the on ice checking clinic to be eligible to play in the U15 T1 evaluation process.

How do I register my player for U15 T1 tryouts?

- To register your for tryouts click [HERE](#)
- Players from Peninsula Minor Hockey must complete the request [2022 REQUEST FORM TO ATTEND T1 TRYOUTS](#) (link is to 2021 form pending update from VIAHA) and submit to Victoria Racquet Club Minor Hockey Association via [registrar@racquetclubkings.com](mailto:registrar@racquetclubkings.com)
- ***T1 registration deadline and application fee deadline to be determined as per VIAHA requirements***